



# The First Sunday in Lent

Church of the Holy Comforter – Vienna, Virginia  
The Holy Eucharist Rite II

February 21, 2021 at 9:30 A.M

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VOLUNTARY: Prelude on *Aus der Tiefe rufe ich* (Hymn 150)

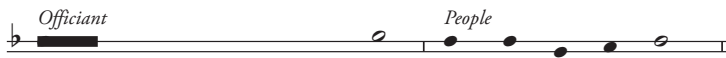
Johann Sebastian Bach

## THE ENTRANCE

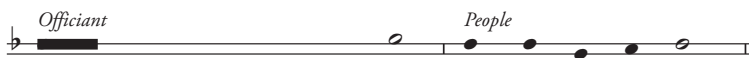
### THE GREAT LITANY

*Sung by all as indicated.*

*Enriching Our Worship*



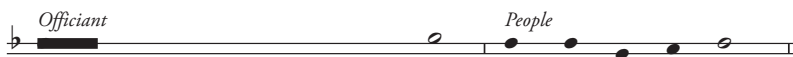
Holy God, Creator of heaven and earth, Have mer - cy on us.



Holy and Mighty, Redeemer of the world, Have mer - cy on us.



Holy Immortal One, Sanctifier of the faith - ful, Have mer - cy on us.



Holy, blessed, and glorious Trinity, One God, Have mer - cy on us.



From all evil and mischief; from pride, vanity, and hypocrisy;



from envy, hatred, and malice; and from all e - vil in - tent, Sa - vior de - liv - er us.

*(This same response is sung after the petitions that follow.)*



Hear our prayers, O Christ our God. Hear us, O Christ.

*(This same response is sung after the petitions that follow.)*



Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins;



and grant us the grace of your Holy Spirit to amend our lives according to your word.



Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy on us.

## THE COLLECT OF THE DAY

The Lord be with you. **And also with you.** Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## THE WORD OF GOD

### THE LESSON

1 Peter 3:18-22

Christ suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The Word of the Lord.

**Thanks be to God.**

AT THE SEQUENCE, HYMN 150 (stanzas 1-2, 5) "Forty days and forty nights"

*Aus der Tiefe rufe ich*

*Sung by all.*

1 For - ty days and for - ty nights thou wast fast - ing in the wild;  
2 Should not we thy sor - row share and from world - ly joys ab - stain,  
5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.  
2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?  
5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

### THE HOLY GOSPEL

Mark 1:9-15

The Holy Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, Lord Christ.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

The Gospel of the Lord.

**Praise to you, Lord Christ.**

THE SERMON The Rev. Jon C. Strand

*A brief period of silence is observed for reflection on the sermon.*

THE NICENE CREED [Said by all.]

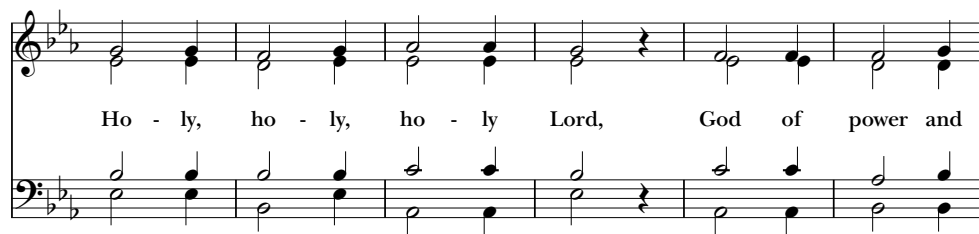
**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light**

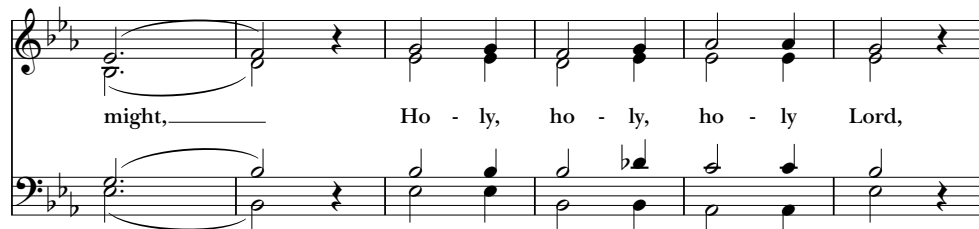


SANCTUS, HYMNAL, S 130  
*Sung by all.*

Franz Schubert



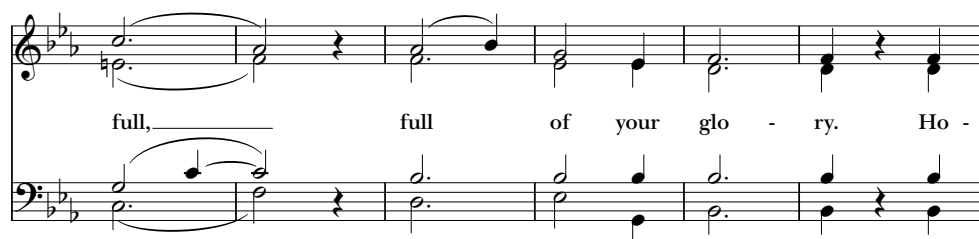
Ho - ly, ho - ly, ho - ly Lord, God of power and



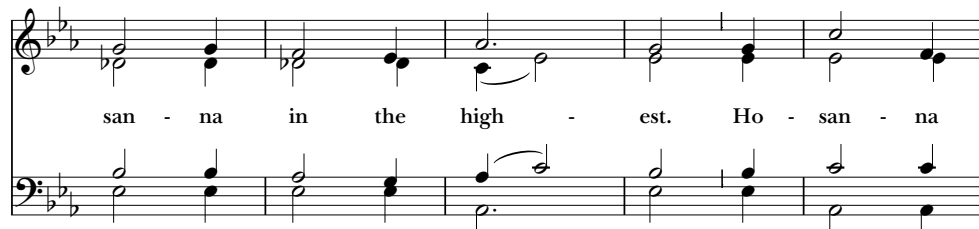
might, Ho - ly, ho - ly, ho - ly Lord,



God of power and might, hea - ven and earth are



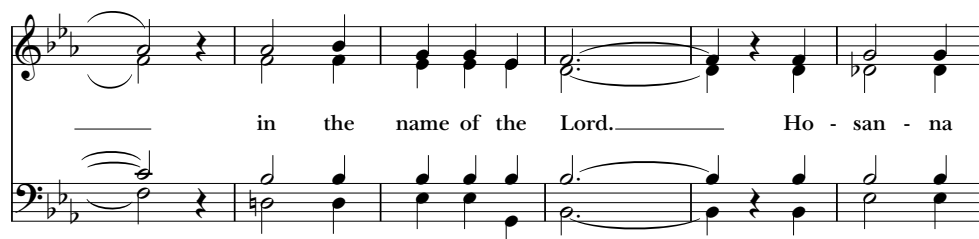
full, full of your glo - ry. Ho -



san - na in the high - est. Ho - san - na



in the high - est. Bless - ed is he who comes



in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

*The Presider continues and gives thanks to God for the reconciling work of Christ and prays over the bread and wine.*

**MEMORIAL ACCLAMATION**

*Presider* Therefore we proclaim the mystery of faith:  
*People* **Christ has died. Christ is risen. Christ will come again.**

*The Presider continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

*Celebrant* *People*  
 A-men.

**THE LORD'S PRAYER**

*Presider* And now, as our Savior Christ has taught us, we are bold to say,  
*People* **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**THE BREAKING OF THE BREAD**

*Presider* Alleluia. Christ our Passover is sacrificed for us.  
*People* **Therefore let us keep the feast. Alleluia.**

**INVITATION**

*The Holy Eucharist is an outward and visible sign of an inward and spiritual grace, a mutual indwelling of Christ in us and us in him. You are invited to use the following prayer in lieu of receiving communion.*

**Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels and you sent Jesus to be the bread of life. Though we cannot consume these gifts of bread and wine together, we thank you that we have received Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion and resurrection. By the power of the Holy Spirit, may we embody your love, be renewed for your service, and be reflections of the awakened and risen Lord. Amen.**

**AT THE DISTRIBUTION, HYMN 142 (stanzas 1-4) "Lord, who throughout these forty days"**  
*Sung by all.*

*St. Flavian*

1 Lord, who through-out these for - ty days for us didst fast and pray,  
 2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,  
 3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,  
 4 And through these days of pen - i - tence, and through thy Pas - sion - tide,

1 teach us with thee to mourn our sins, and close by thee to stay.  
 2 O give us strength in thee to fight, in thee to conquer sin.  
 3 to die to self, and chiefly live by thy most holy word.  
 4 yea, ever - more, in life and death, Je - sus! with us a - bide.

**THE POSTCOMMUNION PRAYER** [*Said by all.*]

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

**THE SOLEMN PRAYER OVER THE PEOPLE**

*In Lent, in place of a seasonal blessing, a solemn Prayer over the People is used. The Presider says*  
 Bow down before the Lord.

*The Presider continues with the prayer; the people respond*  
**Amen.**

**DISMISSAL** [*The people respond,*]

**Thanks be to God.**

**VOLUNTARY:** Prelude on *Erhalt uns, Herr* (Hymn 143)

Ernst Pepping